

Special School Menu 2025/26



Special School Meal Information

Welcome to your new School meals menu for 2025/26. School meals are free for all pupils in Reception, Year 1, and Year 2 and for pupils who are entitled to Free School Meals. For pupils in other years meals can be ordered and paid for via the school.

Catering Services work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards. We have reduced sugar, salt and fat content on our menu and support local suppliers providing fresh meat and vegetables. Our meals are produced in school by our award-winning teams to support your child's lunchtime experience. We have recently partnered with ProVeg helping to make changes to our menu that can have a significant impact on children's health and the health of the planet.

How do I order and pay for a School meal?

All meals must be ordered via your school payment system please contact your school administrator. If you are entitled to Free School Meals or your child is in Reception, Year 1 or 2 the school will order for you direct to Catering Services and you do not need to contact the school after your initial order.

What happens if my child is sick and cannot attend School?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

What happens if my child has a school trip?

Free School Meals and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order directly with Catering Services. Paid meals should be ordered with your school as usual.

What if I require a special medical diet?

We can work with you and the school to support a medically prescribed special diet. Please ask for a Special Diet Request form from the school office, once completed return with the medical evidence to the school office. This request will then be passed to and reviewed by the Catering Services team and where possible a special diet meal will be provided.

How much does a school meal cost?

A school meal is currently £2.95, this may be subject to change in September 2025.

Free School Meals Eligibility

We would like to remind you that some families are entitled to Free School Meals. There are two important reasons why families should register for Free School Meals:

- students who are eligible receive a fresh nutritious hot Free School Meal every day.
- schools receive additional funding from the government for each eligible student who claims the Free School Meal allowance, even if the student does not regularly eat a meal.

The process for parents to submit applications for Free School Meals is now entirely online, and so schools will be unable to provide hardcopy forms or submit your application form for you. This system gives families an instant indication as to whether their child is eligible for Free School Meals and ensures that eligible children receive their entitlement as quickly as possible.

Link to the online Free School Meal application form: [Free school meals - West Sussex County Council](#)

The Catering Services Free School Meal team will then run further checks and confirm the outcome via email. You can contact the Catering Services Free School Meal team directly on 0330 222 5555 or at fsm@westsussex.gov.uk for further assistance.

Other key contacts:

- Orders / Payments / Cancellations - Your school office.
- Special Diets - Your school office in the first instance.
- Catering Services Office Hours – 09.00 – 17:00, Mon-Fri.
- Compliments / Complaints/ Feedback

catering.advisory.service@westsussex.gov.uk

Special School Menu 2025/26

Week 1			
22nd Apr, 12th May, 9th Jun, 30th Jun, 21st Jul, 1st Sep, 22nd Sep, 13th Oct, 10th Nov, 1st Dec, 5th Jan, 26th Jan, 23rd Feb, 16th Mar			
	MAINS	SIDES	DESSERT
MON	Option 1: Classic Macaroni Cheese V Option 2: Lentil & Sweet Potato Shepherdess Pie V	Country Mixed Vegetables VE & Peas VE	Chocolate & Orange Shortbread V
TUES	Option 1: Sweet & Sour Chicken Option 2: Beany Enchiladas V	Rice VE Cauliflower VE & Sweetcorn VE	Apple & Cinnamon Sponge V & Custard V
WEDS	Option 1: Roast Chicken Option 2: Golden Lentil Roast v	Swede VE & Chefs Choice Vegetables VE	Lemon & Ginger Oatcake V
THURS	Option 1: Pork Sausages in Onion Gravy Option 2: Hearty Quorn Bolognaise V	Mashed Potato VE Carrots VE & Green Beans VE	Fruit Smoothie VE
FRI	Option 1: Battered Fish Fillet Option 2: Crispy Chickpea Burger V	Chips VE Broccoli VE & Baked Beans VE	Banana Cake V

Week 2			
28th Apr, 19th May, 16th Jun, 7th Jul, 8th Sept, 29th Sep, 20th Oct, 17th Nov, 8th Dec, 12th Jan, 2nd Feb, 2nd Mar, 23rd Mar			
	MAINS	SIDES	DESSERT
MON	Option 1: Quorn Southern Spiced Burger in a Bun V Option 2: Cauliflower & Chickpea Cheese V	Peas, Sweetcorn VE & Chefs Choice VE	Chef's Oaty Fruit Crumble V & Custard V
TUES	Option 1: Moroccan Style Lamb Pie Option 2: Hearty Quorn Sausage Casserole V	Mashed Potato VE Garden Peas VE & Swede VE	Diced Pear & Chocolate Whip V
WEDS	Option 1: Chili Con Carne Option 2: Soy Power Balls in Tomato Sauce V	Rice VE Country Style Mixed Vegetables VE	Chef's Cookie V & Strawberry Milkshake V
THURS	Option 1: Roast Chicken Option 2: Flaky Bean & Vegetable Wellington V	Roast Potatoes VE Cauliflower VE & Broccoli VE	Chocolate Iced Bun V
FRI	Option 1: Crispy Coated Fish Cake Option 2: Fragrant Lentil Curry & Rice VE	Herby Diced Potatoes VE Carrots VE & Peas VE	Fruit Flapjack V

Week 3			
6th May, 2nd Jun, 23rd Jun, 14th Jul, 15th Sep, 6th Oct, 3rd Nov, 24th, 15th Dec, 19th Jan, 9th Feb, 9th Mar			
	MAINS	SIDES	DESSERT
MON	Option 1: Cheese, Tomato & Pepper Pizza Slices V Option 2: Quorn in Saucy Tomato Pasta V	Herby Diced Potatoes VE Peas & Sweetcorn VE & Carrots VE	Blueberry Muffins V
TUES	Option 1: Roast Pork Loin Option 2: Classic Quorn Fillets VE	Roast Potatoes VE Cabbage VE & Chefs Choice VE	Peach Cheesecake V
WEDS	Option 1: Sticky BBQ Chicken Option 2: Baked Bean & Mushroom Lasagna V	Potato Wedges VE Mixed Salad VE & Coleslaw V	Orange Frosted Carrot Cake V
THURS	Option 1: Lamb & Sweet Potato Curry & Rice Option 2: Cheesy Jacket Potatoes V	Broccoli VE & Baked Beans VE	Fruit Salad VE & Strawberry Milkshake V
FRI	Option 1: Salmon & Tomato Pasta Option 2: Crunchy Vegetable Goujons VE	Mashed Potato VE Country Mixed Vegetables VE	Sultana Cookie V



V

V

VE

V VEGETARIAN & VE VEGAN OPTIONS

