



QEII School

QEII Connections



West Sussex Mind Parenting Support Service

Parent/Carer Coffee Morning

Thursday 21st May, 9.30-11.00am

QEII School Site

Fancy learning more about how to support your child's wellbeing and mental health?

Please join us for a friendly and informative session with West Sussex Mind's Parenting Support Service where they will give an overview of their service, show some resources and answer any questions you have.

***West Sussex Mind** is an independent local charity offering support to people with their mental health, providing specialist training and campaigning to improve services and promote understanding. The advice and support they offer aims to improve people's physical and mental well-being, strengthen self-esteem and confidence and promote strong relationships with family, friends and communities. **West Sussex Mind** also help people get into education, training or work and achieve their personal and social goals.*

All parents & carers welcome

No need to RSVP

We hope to see you there!

Please note that we have no car parking available on the school site.

Please park nearby with care and attention to respecting our neighbours and then walk into school.