

# Reaching Higher Project



Horsham  
District  
Council

Inclusive sports and arts activities  
across the Horsham District



[www.horsham.gov.uk/reachinghigher](http://www.horsham.gov.uk/reachinghigher)

## The Reaching Higher Project provides inclusive sports and arts courses for children and young people with additional needs and their friends and siblings.

Horsham District Council have gained continued Short Breaks funding from West Sussex County Council to deliver these term time courses.

All sessions are led by qualified and experienced sports coaches or arts practitioners, and supported by experienced support workers and volunteers with training in first aid, medication administration, disability awareness and personal care. Suitable for children and young people aged 5-25. Siblings and friends are welcome.

If you wish to book a taster session please contact Paul Taylor on **07764 146339**, or to book onto an activity please visit **[www.horsham.gov.uk/reachinghigher](http://www.horsham.gov.uk/reachinghigher)**



### Music and Karaoke Club

**Fridays**  
**4pm – 5.45pm**

**Venue:** QM Studios, Denne Road,  
Horsham, RH12 1JF

### DJ'ing

**Fridays**  
**6pm – 8pm**

**Venue:** QM Studios, Denne Road,  
Horsham, RH12 1JF

### Digital Video Production

**Saturdays**  
**2pm – 5pm**

**Venue:** QM Studios, Denne Road,  
Horsham, RH12 1JF

### Athletics

**Wednesdays**  
**5pm – 6pm**

**Venue:** The Bridge Leisure Centre,  
Horsham, RH12 3YS

### Inclusive Football

**Saturdays**  
**Ages 5-9: 9am – 10am**  
**Ages 10-15: 9.30am – 10.30am**  
**Ages 16+: 10.30am – 12pm**

**Venue:** The Holbrook Club, North  
Heath Lane, Horsham, RH12 5PJ

Run by Brighton & Hove Albion Foundation.  
For more information please email  
**[Philip.Broom@bhafcfoundation.org.uk](mailto:Philip.Broom@bhafcfoundation.org.uk)**

### Super 1s Cricket

**Mondays**  
**4.30pm – 6pm**

**Venue:** The Holbrook Club, North  
Heath Lane, Horsham, RH12 5PJ

Run by Sussex Cricket. For more  
information on this session please email  
**[foundation@sussexcricket.co.uk](mailto:foundation@sussexcricket.co.uk)**

### Wheels for ALL Cycling

**Fridays** from April to October  
**4.30pm – 6pm**

**Venue:** The Bridge Leisure Centre,  
Horsham, RH12 3YS



### Rebound Therapy

**Wednesdays**  
**Session 1: 4.30pm – 5.10pm**  
**Session 2: 5.15pm – 5.55pm**

**Venue:** Chanctonbury Leisure  
Centre, Spierbridge Road,  
Storrington, RH20 4BG

**Thursdays**  
**Session 1: 4pm – 4.40pm**  
**Session 2: 4.45pm – 5.25pm**  
**Session 3: 5.30pm – 6.10pm**  
**Session 4: 6.15pm – 6.55pm**

**Venue:** The Studio at QE2 School,  
Comptons Lane, Horsham,  
RH13 5NW



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The Reaching Higher Project activities have allowed us to have a short break and also make us feel good that there are activities our son can take part in that he couldn't do otherwise.

**A parent/carer of someone who attends different activity sessions**



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We do a 55-mile round trip, which shows how much we appreciate this activity. Good value, good quality equipment, very helpful and friendly volunteers/staff.

**A parent/carer of someone who attends Horsham Wheels for ALL**



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# Free Taster Session Ticket



Name: .....

Session: .....

Date: .....

To book your place please call Paul Taylor on 07764 146339.

**Free taster sessions available at any time during term time!**



*Local Offer*



**Horsham District Council**