Training

Summer 2025

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex

Training Workshops

April

Understanding Avoidant Restrictive Food Intake Disorder (ARFID)	Thursday 24th	7.30pm
Making Sense of Wellbeing: How to improve your mood	Tuesday 29th	10.30am

May

Understanding Demand Avoidance	Thursday 1st	10.30am
Making Sense of Disability Living Allowance (DLA)	Thursday 8th	10.30am
Making Sense of Wellbeing: How to manage your anxiety	Tuesday 13th	7.30pm
Understanding Autism	Thursday 15th	7.30pm
Making Sense of Anxiety in Adolescence	Tuesday 20th	7.30pm
An Introduction to Makaton	Wednesday 21st	7.30pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 22nd	10.30am

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 7th May / 14th May (2-part course) Wednesdays 10.00am-1.15pm

All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk

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All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

https://reachingfamilies.eventbrite.com

Reaching Families

www.reachingfamilies.org.uk

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