## HEALTH TRANSITION WORKSHOP FOR PARENTS AND CARERS

## Moving on to Adult Services from Childrens Health Services (Health Transition)

Come and join us for this free event  $6^{\rm th}$  October at the Charris Centre in Crawley from 0930 - 1400

A chance to hear from speakers and connect with other parents and carers.

Open to parent/carers of young people, 15 + with a learning disability/complex health need, living in the Crawley/Horsham area.

" Come to this workshop to find out how the (health) world changes for your child from age 16 years"

## **Topics Include**

Lived experience from an expert parent navigating the world of transition

The role of Social Care in transition to adult services

Understanding adult health care, from the GP to admission

For more information or to book your free place please email or book online using QR code SC-TR.<u>ChildDevelopmentCentreNorth@nhs.net</u>



Previous feedback:

"Very informative, not too much jargon" "Excellent, very, very helpful" "Really informative and relatable programme" "Amazing to hear parents discussing concerns and sharing information"

"Well thought out, thank you"