

# Special School Lunch Menu 2017

Week 1					Week 2					Week 3				
24th Apr 3rd Jul 9th Oct					15th May 24th Jul					12th Jun 18th Sep				
1st May 10th Jul 16th Oct					22nd May 4th Sep					19th Jun 25th Sep				
8th May 17th Jul					5th Jun 11th Sep					26th Jun 2nd Oct				
Main course	Vegetarian	Vegetables	Dessert		Main course	Vegetarian	Vegetables	Dessert		Main course	Vegetarian	Vegetables	Dessert	
Monday	Quorn Hotdogs	Mediterranean Tart	Baked Beans, Country Mixed Vegetables and Potato Wedges	Strawberry Cheesecake	Quorn and Leek Pie	Pizza	Country Mixed Vegetables and Potato Wedges	Ginger Cookie with Smoothie		Quorn Sausage and Onion Gravy	Cheese Slice	Peas, Carrots and New Potatoes	Warm Waffles with Peaches and Ice Cream	
Tuesday	Roast Gammon	Lentil Roast	Swede, Spring Greens, and Roast Potatoes	Peach & Pineapple Sponge with Custard	Beef Bolognaise	Vegetable Frittata	Peas, Carrots, Pasta and New Potatoes	Raspberry Sponge with Custard		Spanish Chicken	Quorn Curry	Sweetcorn, Cauliflower and Rice	Lemon Drizzle Cake with Lemon Custard	
Wednesday	Chicken Tikka Masala	Bean Wrap	Broccoli, Sweetcorn, Rice and New Potatoes	Apricot Cookie with Fruit Smoothie	Chicken Sausages with Gravy	Italian Bean Bake	Cabbage, Carrots, Mashed Potatoes and Pasta	Lemon Iced Buns and Milkshake		Roast Pork	Chickpea Roast	Green Beans, Swede and Roast Potatoes	Raspberry Flapjack and Fresh Fruit Slices	
Thursday	Lamb Tagine	Sweet & Sour Quorn	Roasted Vegetable Medley, Cous Cous and Rice	Peach and Strawberry Whip with Fruit Compote	Roast Turkey	Quorn Roast	Green Beans, Swede and Roast Potatoes	Chocolate Cracknel and Fruit Slices		Beef Arrabiata	Beany Cheese Skins	Country Mixed Vegetables, Pasta and Potatoes	Chocolate Brownie and Milkshake	
Friday	Crunchy Salmon Fish Pie	Macaroni Cheese	Peas, Carrots, Mashed Potatoes and Pasta	Fruity Chelsea Buns with Milkshake	Battered Fish	Chickpea Burger	Sweetcorn, Broccoli, Herby Diced Potatoes and Bread Rolls	Apple Pie with Cream		Fish Fingers	Vegetable and Lentil Gratin	Baked Beans, Broccoli and Chips	Fruity Crumble with Cream	



**Tough standards. Tender results.**



**Available Daily: Fresh chilled milk or water, home baked bread, fresh vegetables, fruit and salad options.**

# Special School Lunch Menu 2017

Dear Parent / Carer / Guardian

Welcome to your new school meals menu. School meals are free for all pupils in Reception, Year 1 and Year 2 and for pupils who are entitled to Free School Meals (FSM). For pupils in other years meals can be ordered at the school office. Meals cost £2.20 for a 2 course lunch.

## HOW DO I ORDER AND PAY FOR A SCHOOL MEAL?

All meals must be ordered at your school office. If you are entitled to FSM or your child is in Reception, Year 1 or 2 the school will order for you with the kitchen and you do not need to contact the school after your initial order.

## WHAT HAPPENS IF MY CHILD IS SICK AND CANNOT ATTEND SCHOOL?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

## WHAT HAPPENS IF MY CHILD HAS A SCHOOL TRIP?

FSM and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order this with the kitchen. Paid meals should be ordered with your school as usual.

Orders / Payments / Cancellations - Your school office  
Special Diets - Your school office in the first instance  
Office Hours - School opening hours  
Compliments / Complaints / Feedback -  
[catering.advisory.service@westsussex.gov.uk](mailto:catering.advisory.service@westsussex.gov.uk)

If you are in receipt of certain benefits your child may be entitled to Free School Meals (FSM).  
For more information contact:  
West Sussex County Council Free School Meals Checking Service:  
01243 752 835 or [fsm@westsussex.gov.uk](mailto:fsm@westsussex.gov.uk)

## Lunch Time

Special School meals in West Sussex are lovingly prepared at each school by the West Sussex Catering Team. We understand that healthy and nutritious meals can contribute to your child's experience at school and help fuel them for the afternoon ahead.

## AS PART OF OUR COMMITMENT TO GREAT SCHOOL MEALS WE;

- Work with the Children's Food Trust to ensure that our menus comply with the Governments School Food Standards and are proud to display the 'Menu Checked' award on our menu
- Only use MSC (Marine Stewardship Council) Certified Sustainable Seafood [www.msc.org](http://www.msc.org)
- Use British meats only on our menu, and free range eggs, assuring us of the very best quality and traceability of our products
- Use local suppliers where possible, including meat from Hampshire and fruit and vegetables from Selsey in West Sussex
- Can work with you to tailor your child's menu to support their medically prescribed special diets.

