

# Special School Menu 2018-2019

Week 1 29 Oct - 19th Nov - 10th Dec - 7th Jan - 28th Jan - 25th Feb - 18th Mar					Week 2 5th Nov - 26th Nov - 17th Dec - 14th Jan - 4th Feb - 4th Mar - 25th Mar					Week 3 12th Nov - 3rd Dec - 31st Dec - 21st Jan - 11th Feb - 11th Mar - 1st Apr				
	Main course	Vegetarian	Sides Vegetables	Dessert		Main course	Vegetarian	Sides Vegetables	Dessert		Main course	Vegetarian	Sides Vegetables	Dessert
Monday	Quorn Chilli Tacos	Vegetable Goujons	Herby Dice Sweetcorn Broccoli	Fruity Ginger Sponge Custard		Quorn Southern Fried Burger Homemade Bap	Beany Enchiladas	Sweetcorn Country Style Mixed Vegetables	Berry Cheesecake		Macaroni Cheese	BBQ Quorn Sausage	Herby Dice Country Style Mixed Vegetables	Chocolate Crunch
Tuesday	Roast Chicken	Lentil Roast	Roast Potatoes Mashed Swede Cabbage	Apricot Shortbread		Chicken and Thyme Pie	Pizza	Mashed Potato Baked Beans Broccoli	Fruit Sponge		Turkey Bolognaise	Lentil & Vegetable Casserole	Mashed potato Carrots, Green Beans	Lemon & Ginger Oatcake
Wednesday	Sausages and Onion Gravy	Quorn & Lentil Bolognaise	Mashed Potatoes Cauliflower Peas	Chocolate Cracknel		Beef Lasagne Garlic Bread	Chickpea Curry Rice	Cauliflower Green Beans	Apricot Cookie		Roast Gammon	Chickpea Roast	Roast Potatoes Swede, Roast Parsnips	Orange Drizzle
Thursday	Lamb and Sweet Potato Curry Rice	Vegetable Frittata	Wedges Green Beans Carrots	Fruity Chelsea Bun		Savoury Gammon Slice	Quorn Roast	Roast Potatoes Swede, Chef's Vegetable Choice	Pear and Chocolate Crumble Chocolate Custard		Beef Burger Homemade Bap	Vegetable Goulash Rice	Cauliflower, Peas/Sweetcorn	Fruit Plait
Friday	Tuna Pasta	Sausage and Boston Bean Jackets	Country Mixed Vegetables	Apple Tacos		Bubble Crumb Salmon	Lentil Shepherds Pie	New Potatoes Peas, Carrots	Blackberry & Apple Jack		Battered Fish	Baked Bean Lasagne	Chips Mushy Peas Broccoli	Peach Upside Down Sponge Custard



**Tough standards. Tender results.**



**Available daily:**  
Freshly baked bread and chilled milk or water.  
Additional dessert options - fresh fruit and fruit yogurt

# Special School Lunch Menu 2018-19

Dear Parent / Carer / Guardian

Welcome to your new school meals menu. School meals are free for all pupils in Reception, Year 1 and Year 2 and for pupils who are entitled to Free School Meals (FSM). For pupils in other years meals can be ordered at the school office. Meals cost £2.30 for a 2 course lunch.

## HOW DO I ORDER AND PAY FOR A SCHOOL MEAL?

All meals must be ordered at your school office. If you are entitled to FSM or your child is in Reception, Year 1 or 2 the school will order for you with the kitchen and you do not need to contact the school after your initial order.

## WHAT HAPPENS IF MY CHILD IS SICK AND CANNOT ATTEND SCHOOL?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

## WHAT HAPPENS IF MY CHILD HAS A SCHOOL TRIP?

FSM and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order this with the kitchen. Paid meals should be ordered with your school as usual.

## KEY CONTACTS:

Orders / Payments / Cancellations - Your school office.  
Special Diets - Your school office in the first instance  
Office Hours - School opening hours  
Compliments / Complaints / Feedback -  
[catering.advisory.service@westsussex.gov.uk](mailto:catering.advisory.service@westsussex.gov.uk)  
Special School meals in West Sussex are lovingly prepared at each school by the West Sussex Catering Team. We understand that healthy and nutritious meals can contribute to your child's experience at school and help fuel them for the afternoon ahead.



## Lunch Time



### AS PART OF OUR COMMITMENT TO GREAT SCHOOL MEALS WE;

- Work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards and are proud to display LACA endorsement on our menus.
- Only use MSC (Marine Stewardship Council) Certified Sustainable Seafood [www.msc.org](http://www.msc.org)
- Use British meats only on our menu, and free range eggs, assuring us of the very best quality and traceability of our products.
- Can work with you to tailor your child's menu to support their medically prescribed special diets.
- Have been reducing sugar content on our menu. West Sussex County Council have a sugar reduction logo.



## Are you claiming your free school meal?

If you are in receipt of certain benefits your child may be entitled to Free School Meals (FSM).

For more information contact:  
West Sussex County Council  
Free School Meals Checking Service:

01243 752 835 or  
[fsm@westsussex.gov.uk](mailto:fsm@westsussex.gov.uk)

