

Special School Menu 2017-2018

Week 1 30th Oct - 20th Nov - 11th Dec - 8th Jan - 29th Jan - 26th Feb - 19th Mar					Week 2 6th Nov - 27th Nov - 18th Dec - 15th Jan - 5th Feb - 5th Mar - 26th Mar					Week 3 13th Nov - 4th Dec - 1st Jan - 22nd Jan - 19th Feb - 12th Mar				
Main course	Vegetarian	Vegetables	Dessert		Main course	Vegetarian	Vegetables	Dessert		Main course	Vegetarian	Vegetables	Dessert	
Monday Macaroni Cheese	Vegetable Goujons	Dry Roasted Wedges Country Mixed Vegetables Baked Beans	Date and Coconut Flapjack Fruit Slice		Red Lentil Burger	Quiche	Wedges Sweetcorn Country Style Mixed Vegetables	Warm Waffles with Fruit Ice-cream		Pizza	Vegetable Lasagne	Country Style Mixed Vegetables Sweetcorn	Fruity Jam and Homemade Rice Pudding	
Tuesday Lamb and sweet potato curry with Rice	Quorn Bolognese with Pasta	Peas Carrots	Fruity Ginger Sponge		Chicken Pie	Beany Pasta Bake	Mashed Potato / Pasta Green Beans Swede	Chocolate Cracknel		Roast Pork	Chickpea Roast	Roast Potatoes Swede Cabbage	Fruit Pie and Custard	
Wednesday Roast chicken	Lentil Roast	Roast Potatoes Mashed Swede Cabbage	Apricot Oaties		Beef Lasagne	Quorn Curry	Garlic Bread Rice Cauliflower Carrots	Peach Upside Down Cake Custard		Beef Burger in a Bun	Bean Chilli and Rice	Green Beans Cauliflower	Orange Frosted Carrot Cake	
Thursday Sausages and Onion Gravy	Quorn Cottage Pie	Mashed Potatoes Cauliflower Green Beans	Apple and Cinnamon Cake		Roast Gammon	Quorn Roast	Roast Potatoes Broccoli Red Cabbage	Blackberry and Apple Crumble Jack		Turkey Bolognese with Pasta	Quorn Sausage and Mashed Potato	Broccoli Baked Beans	Apple Tacos with Ice Cream	
Friday Salmon Slice	Baked Bean Lasagne	Garlic Bread / Pasta New Potatoes Sweetcorn Broccoli	Fruit Cobbler		Fish Fingers	Bean Wrap	Potato Wedges Peas Carrots	Pear Tart and Custard		Battered Fish	Lentil and Vegetable Cobbler	Chips Mushy Peas Carrots	Banana Marble Cake and Milkshake	



Available Daily: Fresh chilled milk or water, home baked bread, fresh vegetables, fruit and salad options.

Special School Lunch Menu 2017-18

Dear Parent / Carer / Guardian

Welcome to your new school meals menu. School meals are free for all pupils in Reception, Year 1 and Year 2 and for pupils who are entitled to Free School Meals (FSM). For pupils in other years meals can be ordered at the school office. Meals cost £2.30 for a 2 course lunch.

HOW DO I ORDER AND PAY FOR A SCHOOL MEAL?

All meals must be ordered at your school office. If you are entitled to FSM or your child is in Reception, Year 1 or 2 the school will order for you with the kitchen and you do not need to contact the school after your initial order.

WHAT HAPPENS IF MY CHILD IS SICK AND CANNOT ATTEND SCHOOL?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

WHAT HAPPENS IF MY CHILD HAS A SCHOOL TRIP?

FSM and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order this with the kitchen. Paid meals should be ordered with your school as usual.

KEY CONTACTS:

Orders / Payments / Cancellations - Your school office Special Diets
- Your school office in the first instance
Office Hours - School opening hours
Compliments / Complaints / Feedback -
catering.advisory.service@westsussex.gov.uk
Special School meals in West Sussex are lovingly prepared at each school by the West Sussex Catering Team. We understand that healthy and nutritious meals can contribute to your child's experience at school and help fuel them for the afternoon ahead.

Lunch Time



AS PART OF OUR COMMITMENT TO GREAT SCHOOL MEALS WE:

- Work with the Children's Food Trust to ensure that our menus comply with the Government's School Food Standards and are proud to display the 'Menu Checked' award on our menu
- Only use MSC (Marine Stewardship Council) Certified Sustainable Seafood www.msc.org
- Use British meats only on our menu, and free range eggs, assuring us of the very best quality and traceability of our products.
- Use local suppliers where possible, including meat from Hampshire and fruit and vegetables from Selsey in West Sussex.
- Can work with you to tailor your child's menu to support their medically prescribed special diets.
- Have been reducing sugar content on our menu. West Sussex County Council now have a sugar reduction logo. Designed by a primary school pupil from West Sussex the logo is aimed at reminding us of the importance of not eating too much sugar, along with being active every day, and that by eating a good variety of food as part of a balanced diet it helps us to stay healthy.

Are you claiming your freeschool meal?

If you are in receipt of certain benefits your child may be entitled to Free School Meals (FSM).

For more information contact:
West Sussex County Council
Free School Meals Checking
Service:

01243 752 835 or fsm@westsussex.gov.uk